# KIEVE WAVUS NEWS

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# KIEVE WAVUS EDUCATION PITCHES IN TO HELP LINCOLN COUNTY FOOD INITIATIVE



Diane Impallomeni cooking to help those in need during the Coronavirus pandemic

This March, as the Coronavirus pandemic made its effects felt in Maine, Kieve Wavus Education suspended all programming through the month of May. This spring has been hard for all of us, for so many reasons. At KWE, the sudden quiet on our campuses was unsettling. Not known for sitting still, Charlie Richardson started hitting the phones

to find out how we could do something to help.

Charlie contacted Jess Breithaupt, a Kieve mom who works for a local wellness organization, Healthy Lincoln County. Maine has an aging population and our neighbors in Lincoln County are particularly vulnerable when regular trips to the grocery store are risky. Jess and Charlie began coordinating with a group of restaurants, schools and partner organizations to cook and deliver meals in our area. They formed the Lincoln County Food Initiative (LCFI) to deliver more than a thousand meals per week. Food, funding and other resources are routed from Lincoln Academy, Fernald's Country Store, the Ecumenical Food Pantry, Street Grocery, Larsons Lunchbox, Best Thai, King Eiders, the YMCA, Lincoln County Regional Planning Commission and our State Representative, Chloe Maxmin, to Pasquaney's kitchen. There, KWE's Lee Giberson, Ellen Kenefick, Diane Impallomeni and others cooked and packed meals to be delivered by a fleet of KWE's vans driven by our employees. For Easter, Lee cooked up some ham, turkey soup, scalloped potatoes, pumpkin pies and added some candy from Fernald's to the delivery boxes. Recipients were very appreciative.

It has been gratifying to see the community support for the LCFI effort and we are proud to play our part. We're anxiously awaiting the days when our campuses are filled with kids again. For now, you can support the LCFI by visiting kwe.org/give or emailing Charlie Richardson at cjr@kwe.org

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# Letter from the Executive Director

n January 10th of this year my and Beej's lives changed forever: Estelle "Stella" Jewel Kennedy arrived on earth thanks to Sammy and Sarah. So many of our friends are grandparents; with faraway, blissful looks in their eyes, they had told us how amazing the experience would be for us, but until we lived this miracle for ourselves, we had no idea... The last Kennedy girl born was Blair in 1989. At that moment I absolutely knew that Kieve needed a sister camp. Unfortunately for Blair it took 15 years to get Wavus up and running so she only got to experience the Wav as a counselor. For Stella, JW 2028 here she comes!

Since Stella was born in winter, it's very exciting for me to think of all of the firsts she's about to experience. To-



Stella Kennedy

day is the first 60+ degree day of the year. I walked to work past the Kieve garden which Margaret lovingly put to bed last fall. Soon Stella will plant her first seeds and will get to watch them sprout. On my walk, I looked out across the old Christmas tree farm to the lake where the ice is turning dark and soon will sink. Stella will see the lake turn liquid for the first time and will take her first boat ride to Wavus. I looked to the right; the ice around the edges of LaaLaa's pond is already melting and I can hear the water running down the outflow. Soon the deafening night sound of peepers and eerie calls of loons will hit Stella's ears, and lilac and peony smells will fill her little nose. I could go on and on, and of course I will with her, but you get the picture!

This coming summer will be our 15th post-merger at Wavus and our 95th at Kieve. Soooo many campers' parents and grandparents grew up here back in the day. One of our new girls is Harper Straziuso. Her mom, Katie Moulton, was Wavus' modern era founding co-director and I doubt that Wavus Camp for Girls would be here if not for Katie. Katie helped invent much of what Wavus is today and set us up for remarkable success. It will be so fun to welcome Harper and all of the other girls and boys to Damariscotta Lake this summer.

Another exciting piece of news is that Kate and Sam Kaplan will be joining us full time as part of our year 'round staff of about 60 incredible people. See the article about their arrival in this newsletter. The future here is even brighter with these two hard-working natural leaders on our team, hopefully for decades.



BJ& Henry Kennedy

For nearly 100 years, generations of lucky young people have learned about life from some of the best role models in the world at KWE. Here, they all experience many firsts, build lifelong, even multi-generational, friendships and grow into resilient, confident, compassionate, loving leaders. I cannot wait to see the world through Stella's eyes for the rest of my days. Together, we are really hoping KWE programs can resume safely soon.

Sincerely,

Henry R. Kennedy, Executive Director

# A DAY IN THE LIFE OF THE LEADERSHIP SCHOOL

By Cam Miller, Challenge Course Director



TLS students building a lean-to at Kieve

It can feel like time passes way too quickly at The Leadership School sometimes. TLS educators pack each day full of social-emotional learning activities because repetition helps us recognize behavioral patterns and reveal teaching moments when we can highlight how everyone should be treated with kindness and respect. Educators teach with fun games and activities by asking questions that cause students to pause and reflect amid the frenzy. Even at TLS, life is a frenzy! Here is a glimpse into what that frenzy looks like during a typical TLS day:

The day starts early for the classroom staff. Rising before some of the students wake up, they head to the challenge course and indoor climbing wall. Enjoying the smells of fresh coffee and pine in the air, our staff sets

up the ropes for elements and climbing routes that students will tackle later in the day.

As the classroom educators move towards the dining hall to pick their groups up for a breakfast greeting, the cabin staff are gathered at the top of the hill providing an inspirational quote to start the day. The students get dismissed by cabin to fill their bellies with the delicious food our kitchen staff have prepared. During breakfast, the classroom educators set goals for



A TLS schedule map paired with waffles at Pasquaney

the day and hear about all the fun from the evening program the day before.

Breakfast is quickly finished, no food left behind, and we head to our community meeting spots. After a full stomach we warm up for the day with a silly game of rock, paper, scissors, split. As people throw out their rocks, their papers, and their scissors, each pair gets further and further away until one of them spills over or touches the ground.

Our class day starts officially! We embark with a quick refresher on communication tools and think about how we are communicating as a team. Lining up by birthday, but not being able to talk, we think creatively to effectively communicate without our voices.

The first snack quickly approaches as we all meet again at the dining hall for a glass of water, a packaged snack, and a fruit. We are fed six times a day here!

We move back into our classroom to discuss how we form relationships, and how we know if the relationships we are forming are healthy, or if we need to put work into our relationships. Some of our discussions take longer than the activities we pair them up with. We take a break for a quick game of Knee Tag. After some energy out, or energy in, we follow our relationships discussion by examining how we are communicating our needs to the team. And we ask, "How is the team communicating their needs to us?"

We dive back into the dining hall for lunch, which is served buffet style and eaten on the porch when it's nice out. You are encouraged to take only what

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you can eat, in an effort to reduce food waste (we keep track after every meal!)

After filling our bellies, we only have two hours left of our class day! This time of the day always flies by, Choice Time is right around the corner!

We play a game to ease us into our afternoon and get talking about what we decided during the activity. How did our decisions affect others around us? What decisions did others make that affected us? How do we make the best decisions? Who do we have to turn to for help? Because we all know, you can ask for help anytime.

The last block of the day is typically the favorite: climbing! We walk down to the challenge course and see a group finishing up. As a student is carefully



Students playing rock, paper, scissors at TLS

lowered from a telephone pole with help from four teammates, we gaze in awe at the amazing tree village that awaits. Safety comes first so we put on our harnesses, helmets and hardware before we climb. We push ourselves to our learning zone and meet at the horseshoe to reflect on the day and week so far. We've had a lot of fun already!

We walk up to the dining hall and

play a quick game of Flash Flood. We line up for another snack, and check in with others not in our class to see how their day has been. Now is the time we make our choices for the day.

The classroom staff say goodbye to us for the day, as they plan what we do for the next day, and the cabin staff greet us with funny, yet meaningful choice time announcements. After announcing their activities, they wait on the porch while tables are dismissed by cleanest and quietest to go outside and pick their activities. Some choose to build tree forts, play Gaga Ball, participate in more climbing, play a game of four square at recess, or just chill in Pasquaney.

After first choice time we head back to our cabins to prepare for tonight's evening activity: Air Guitar! We work together with our cabinmates to come up with a skit, dance, or other performance to present to the group after dinner.

For dinner we head back to the dining hall and sit with our cabins for a family style meal, passing around plates of yummy food and talking about our day – and upcoming performance!

Finally it's time for Air Guitar! We all pile into Innisfree and listen as two educators host the evening, starting with a special dance from the TLS staff! Throughout the evening we see skits, dances, songs, and even silly competitions between our cabin educators.

After evening program it's time for our final snack of the day. Then it's time to head back to our cabins to relax and get ready for bed, excited that we get to do it all again tomorrow!

## **Maine Trails**

An essay by Kieran Blunnie, Kieve Maine Trails camper in 2019

I forged ahead through the cold, unrelenting rain. The narrow path continued to wind between the ominous trees, stretching, it seemed endlessly before me. It wasn't supposed to be a hard day, but the rain and the mud caused my feet to become leaden: I tripped over roots and stones. My eighty-pound backpack rubbed my skin raw and I could feel blisters forming. My every step slowed, "this didn't feel right. I shouldn't be doing this."

For seven years I had watched in awe as the "Maine Trails Trippers" returned to Camp Kieve from their 22-day Appalachian Trail expedition. To my young teen eyes, these boys came back men, working together like a well-oiled machine, able to read each other's thoughts. Walking along those first six miles of trail, I questioned why the past campers had returned smiling after they had endured these treacherous woods.



Kieran on the Appalachian Trail

At dusk, we approached the campsite where everything got progressively worse. Even though the rain lightened, it gave mosquitos an opportunity to strike. I organized the group quickly to set up the tent only to dis-

cover it was already drenched. Unable to find dry wood, we couldn't make a fire. The portable stove would not turn on, leaving us with ground beef Sno-Cones instead of hot burgers for dinner. At that moment, I swore never to take anything for granted again.

At sunrise, the thought of getting back into my wet socks and water-logged boots to climb the mountain was daunting. I doubted I could do what was necessary to survive the next 21 days, and I didn't know if I wanted to find out. I was desperate to stay at the campsite, but the five others were excited to move on; I didn't want to let them down.

The steady hike up Barren Mountain felt like climbing a vertical rock face; we were cold, wet, and sore. I lifted the group's spirits by joking, singing, and using my knowledge of movies to debate who portrayed Spider-Man the best. But nature was about to slap us in the face once again; the previous day's storm left a thick fog blocking our summit views. You could not see your hand in front of you; it was just a dull grey void.

Our team was starting to fracture; the brotherhood was frustrated and exhausted. Half wanted to keep moving past the disappointing view while others wanted to wait out the fog. We needed to come back together as a group, we tried to reach a compromise. Completely depleted but still able to put our egos aside and come together, only to discover we were all suffering in the same way. As I started to recognize my Zen, a miracle took place. The dense fog started to lift and reveal the most beautiful view I have ever seen.

The winding rivers drew a map through the valley, outlining the path

we would take in the days ahead. The forest greens stretched beyond the mountains, uninterrupted by civilization. There were no telephone poles, no roads, no noise, just the wilderness before us. In this moment of peace, I realized the strength of beauty in nature and discovered that I was fueled by my own inner courage as well as the spirit of my friends. Now, I know when I face a new challenge in life, I can draw from these experiences and find the self-confidence, physical and mental strength, and ability to accept help from the people around me to forge ahead.

The six of us continued through the forests, smiling and laughing - for the most part - the whole way. This wasn't the fantasy trip the past campers made it seem, but this felt right. It was awful, and I hated it, but I loved it, and it was amazing.



Kieran with the rest of Maine Trails II, First Session, Kieve 2019

### **Veterans Camp**

By Marge Greenleaf, Veteran's Camps Director

Five times a year Kieve Wavus Education hosts retreats for veterans focusing on relaxation and respite, while giving them the opportunity to participate in many of the activities Kieve and Wavus have to offer. Each camp hosts 30 veterans from all over New England and beyond. Some weeks are themed, such as the Vietnam Veterans Camp in December and the Women's Veteran Camp in January.

Veterans have the opportunity to participate in a variety of activities, including climbing on Kieve's indoor rock wall and outdoors ropes course, pottery with Alan Baldwin, paddle making, fly fishing tying, exercise classes, massage therapy and so much more!

In the evenings, there are trivia nights, cribbage tournaments, puzzles, and plenty opportunities to sit and relax by the fire and connect with other veterans. When asked about the best part of the week participants said "Without a doubt it is the friendships we make. Some of our best friends we met through The Women's Only veteran's camps. We do everything together; go camping, give each other rides to appointments or just simply hang out. The food is a close second."

"The Vietnam Veterans Camp allows me to have a safe place to talk about my experiences. I never wanted to be involved but now that we have been attending, my wife and I both look forward to this camp each year."



Reid Anderson woodworking with the Women's Veterans Camp in January



Vietnam Veterans Camp, December 2019

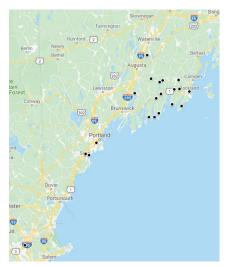
# EDUCATORS IN RESIDENCE AT THE LEADERSHIP SCHOOL

By Charlie Richardson, Director of Education and Operations

Since 1981, the Leadership School (TLS) at Kieve Wavus Education, Inc. (KWE) has been developing leaders and strengthening communities by challenging students, teachers and parents to take positive risks, set meaningful goals, and make healthy decisions while being supportive team members and strong leaders.

More than 7,500 middle school students participate in The Leadership School annually; one-half of the cost of the program is subsidized by KWE. More than 60 Maine public schools participate in the program. Other schools, both public and private, are from New Hampshire, Vermont, Massachusetts, Pennsylvania and New York.

An offshoot of TLS is KWE's Educator in Residence (EIR) program. Since 2013, KWE has placed TLS staff members in select



EIR school sites for 2019-2020

public schools for January, February and March (the break period between TLS's fall and spring semesters.) The program's objectives are shaped by the needs of the school, the goals of each school's administration and the strengths of the educators. Educators and school mentors develop individualized memorandums of

understanding that are diverse and include school-specific items such as: support healthy classroom behavior, develop after-school play clubs, teach Social Emotional Learning (SEL) competencies, provide professional development for staff, supplement the guidance counselor's work and assist students as they transition between various stages of life. Experience has proven that kids relate better to people closer to them in age. The dedicated EIR staff with their TLS curriculum experience is very effective in developing these relationships.

2020 is the 8th year of the EIR program. KWE has 24 EIRs in 20 schools this year; quadruple the number of schools participating in 2013! And one of the best byproducts of this initiative is the fact that a number of KWE's EIRs are now fulltime educators in Maine schools.



Educators in Residence for the 2019-2020 school year





in communities.

During Winter 2020, 26 TLS educators collaborated with 23 site mentors in 25 communities connecting with more than 5000 youth and educators.

#### **Planting Seeds**



"Each day, at 10:45, a young student would come to our office for a quick Check-In. The student has a significant background of trauma and presents as a tough, angry, individual. Through consistency and kindness, Rachel was able to soften the hard shell this student had created. During their time together, Rachel would 'plant seeds' of reflection for this student. It didn't take long before this student started creating (and leaving behind) original artwork and kind notes as a way of positive connection with Rachel. The student was able to build confidence and a sense of belonging as a result of their daily interactions."

#### **Growing Individuals**



"Jack worked individually with one specific 4th grader in the mornings during math. His behavior was increasingly becoming difficult to manage in the classroom, so he was beginning to be sent to the office. While Jack was working with him, his office referrals decreased 60%."



"Ross always consistently worked to connect with every single student on campus. He learned their names, made them feel important and included. He was always the first to jump up and organize an activity to bring students together."

#### **Growing Communities**



"Harry was able to work together with the Saco C team and create community amongst the kiddos and the staff. We are a newly formed team and his coaching and consistency were invaluable. He also met with me routinely to brainstorm, adjust, and plan for weekly group sessions. We went from struggling to have the kids attend to placing structure, incentives, and had consistent participation."

#### **Supporting Teachers**



""Sarah, worked with students to broaden and expand their thinking through hands-on movement and team building activities. She listened to my concerns regarding student involvement with classroom learning and provided a number of ways to encourage, support, and challenge students to higher level thinking using various techniques. It was a perfect add-on to my curriculum needs."

#### Site Mentors, Administrators and Teachers say the EIR program...

"has value for our community."

97%

"fosters collective growth of the community."

90%

"fosters growth of individuals."

90%

Respondent rating of 4 or 5 on a 5 point scale.

nttps://www.kwe.org/the-leadership-school/programs/

#### **Trustees**

Dixon Thayer, President Pam Jensen, Vice President John Geismar, Secretary Brownie Brown, Treasurer Morgan Churchman Lynley Ciorobea **Chris Dougherty** Laura Kaplan Bill Knowlton Louise McIlhenny Matt McKenna Cliff Muller Katie Redmond Mark Robinson **Harrison Stuart** Kristin Valdmanis Mistye Wilson Bob Bower, Emeritus Sandy Buck, Emeritus Jeb Burns, Emeritus Tom Haas, Emeritus Don Keyser, Emeritus Ollie Parker, Emeritus Susan Russell, Emeritus Mike Westcott, Emeritus

### **Deceased Friends**

Mollie Baldwin Tom Bancroft Galen Cole John Cox Janet E. Dorman Corrinna Farrell Tim Hoffmann June Jeswald Mohamad Makhlouf Hayden Marshall-Inman Betty Moran Lea Morrison Peter Rossmassler Ned Rowland Harry Sky Dave Thompson Tom Wales **Iack Welch** 

Manchester Wheeler

# WAVUS CELEBRATES 15 YEARS IN THE KWE FAMILY

By Lindy Perry, Junior Wavus Director

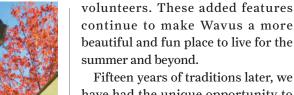
This is a year to celebrate because 2020 marks our 15th summer since the reopening of Wavus Camp after the merger between Kieve Affective Education and the Wavus Foundation. Now we are KWE! After years of sitting dormant, Wavus Camp for Girls was born again under Kieve Wavus Education in 2005. In 2006 Wavus had its first summer with its new brother camp Kieve. In just 15 years Wavus has enchanted thousands of campers on Damariscotta Lake. One can see the growth just by looking at the camp photos on the wall in Jewell. Every year feels like a new challenge to get everyone to fit in the all-camp photo. In the past 15 years we have seen our numbers increase as well as the expansion of our beautiful campus.

Since the beginning of the merger, Wavus has been able to restore some of the old cabins to keep the rustic magic of camp alive. As we grew in size, two brand new buildings were built between 2013-2016 so that we could house even more campers on the hill. Thanks to our generous alumni, Wavus now fills 20 beautiful cabins with happy campers each session. Anyone remember what Jewell used to look like? Jewell received a serious face lift,



The bell next to Jewell, as much technology as you'll see at Wavus!

expanded the Dining Hall, created new office space downstairs and enlarged the Trip Shed so that Wavus campers and counselors could benefit from top rate facilities. The camp store moved from below the Jewell, to Andrews and back to the Jewell again this past summer. In 2017 a new climbing wall was built in the heart of campus. Our most recent addition in 2018 includes the Aviary, housing for our director staff. Located in the heart of campus, the Aviary has provided 3 cabins of beautiful living space for our assistant directors and shoulder season program



Fifteen years of traditions later, we have had the unique opportunity to watch campers grow into counselors and even directors. Around 84% of our counselor staff are Wavus alumnae, before which I think speaks highly to our organization and its values. Half of our Assistant Directors started as campers including Greta Brown, Courts Bliss, Lauren Geddes, Molly Billings and Lindy Perry. Among our strong leaders, Kate Adair Kaplan just celebrated her 10th year at Wavus this



Lupine beneath cabins at Wavus

past summer. Wavus raises strong young women who can give back and guide the future of strong young women. That is the magic of Wavus: Creating a space for girls to grow and thrive on the lake and in the Maine wilderness. For most of us Wavus is more than a summer camp - it is our Home. This benchmark year makes us even more excited to celebrate the 100th Anniversary summer coming up in 2022. Here's to 15 wonderful summers!



Women of Wavus wrapped in their blankets at the end of camp

### MANY THANKS TO OUR GENEROUS SUPPORTERS IN 2019 WHO, THROUGH THEIR ANNUAL GIFTS, CAMPAIGN PLEDGES, AND VOLUNTEERISM, HELP KIEVE WAVUS EDUCATION, INC. CARRY OUT OUR MISSION TO POSITIVELY AFFECT YOUNG PEOPLE AND THE ADULTS WHO CARE ABOUT THEM.

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**Duncan & Christina Cocroft** Chris & Barbie Cole

Tim Biggins & Sarah Cole Biggins

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Tim & Nicole Hocklander Pete Hoffmann Joe & Rebecca Holliday Will & Margaret Holliday Dick & Sarah Hollington John Holloway Bill & Bambi Holly Hank & Claudia Holmes Johannes & Jeannette Hopfen Frank & Monica Hoppe Ericka Horan **Nancy Hoving** Bill & Anne Howard Emma Howard John & Arlene Howard A.C. & Penney Hubbard John Humphrey & Sarah Otis Traver & Elizabeth Hutchins Christina Hyde Laura & Jonathan Imlah Jason & Sarah Ingle Ned & Liz Insley Barney & Liz Ireland Jen Ireland Peter Ireland Will Ireland Al & Jan Ireton Eric Smith & Laura Irwin Tim & Wendy Ives Ellen Ivey Bates Dick & Anne Jackson Charlie & Cindy Jacobs Meaghan & John Janedis Ella Janvier George Janvier Kitson & Guy Jazynka Joel & Mary Jeffrey Patrick & Beth Jeffrey Pam & Eric Jensen Blair Johnson Robert & Mia Johnson Bart & Claire Johnston Elaine Johnston & Mary Jacobs Andrew Goode & Sue Jones Diana & Ronald Jones Jackie Jones & John Gassett Brad & Steph Jordan Peter & Katherine Juhas Jaime & Ron June Jim & Sarah Juvonen Steve & Suzy Kaback Mark Kahn & Betty Chin Billy & Joan Kantor **Evan Kantor** Kate Kaplan Laura & Joel Kaplan Leslie Kaplan Sam & Kate Kaplan Sarah Kaplan Kelley & Ann Kash Stephen Katz & Molly Kinsella Peter Szakats & K.C. Kavanagh Scott & Jada Kavanagh Joel Kavet Billy & Ann Kaye Bill Keen

David & Avery Keller Rod & Whitney Kellett Chris & Kristen Kelley Mike Kelley Tom Kelly & Peggy Badenhausen Bill & Priscilla Kennedy **Duncan & Katherine Kennedy** Henry & B.J. Kennedy Sam & Sarah Kennedy Stuart Kenworthy Taylor Kenyon Lisa Kern Griffin & Richard Griffin Andy Keyes Don & Anne Keyser Mac & Virginia Keyser Vera Kiernan Jeffrey & Rebecca Kim Zach Kind Mac & Katherine King Bill & Elizabeth Kitchel Jan & Barb Kiviniemi Keith & Barbara Kizziah Kelly Klein & Nick Manifold Charlie & Charlotte Kline Bill & Deb Knowlton Dick & Heather Koelle Dray Krahmer Christian Krauss Ginger Kreitler Sandy Krutz Edwin & Lynda Kuhn Peter & Eleanor Kuniholm Jordi Rubiralta & Emily Kunze Kevin Duffy & Hilary La Forge Alice La Trobe Weston & Tom Weston Jeremy & Diana LaCasse Pete & Sara LaCasse Kevin Lamb Trevor Lamb Max & Hallie Lamont Jon & Bonnie Landman John & Jane Lanier **Rob & Kitty Lansing** Stu & Farley Lansing Cullen LaPointe Cliff Lasser & Liz Adams Geoffrey & Kate Lauprete Peter & Lee Leach Larry Leger Seth Levine & Greeley Sachs Ela & Jonathan Lewis Jim & Karen Leyden John & Vanessa Lilly Amy & Luke Lincoln Drew Lincoln Peyton & Jean Lindley John & Elizabeth Linehan Christopher & Danielle Linkas Cindy Livingston MaryBeth & Christopher Lorenz Hannah Lovejoy & Dave Berndtson Erin Luby Claire Lupo Colin & Meg Lynch

Paul & Jo Lyness

Doug & Susan Lyons

Alex Turner & Christina Mace-Turner Peter Mackell Alex & Alix Mackey Chris Mackey Ian & Consuelo Macpherson Timmy Macrae John Eaton & Anne Maffei Danette Magilligan Ian & Kate Malin Andrew Malkin Tony & Shelly Malkin John & Tracy Mallory Cooper & Carrie Mallozzi Gail Marentette Brian & Brooke Margerum John & Ann Marriner Campbell Marshall Helen Marston **Jack Marston** Janet Marticke Peter & Deirdre Martin Mark & Lexie Maruszewski Thomas & Genevieve Marvin Sally Massey & Michael Lukianoff Steve & Lisa Masters **Mandy Mathias** Stephen & Andrea Matthews Mike Mazzuchi & Anne Andrews Jon & Sara McCall Jon & Robin McConaughy David & Hilary McDonald Garrett McDonald & Anna Bjerde Matt & Sarah McDonald Andrew & Courtney McDonnell George & Betsy McFarland Megan McFarland Brent & Joline McGoldrick Rob McGowan Louise McIlhenny & Hugh Riddleberger Laura & Brent McIntosh Iane & John McKean Greg & Courtney McKechnie Clyde & Taryl McKee Connor & Kathryn McKenna Dan & Bayley McKenna Marc & Laura McKenna Matt & Sarah McKenna Mimi McKenna & Greg Rorke **Emily & Scott McLellan** Sandy & Mimi McMillan Drew & Allison McNally Beth McPherson & Paul Kando Michael & Shawn McSweeney Peter & Laurie McTeague Dow & Nikki McVean Randy Mehrberg & Michele Schara Carl Meier Peter & Joan Melrov Zac & Laura Merriman Mike Mesrobian Catharina & Markus Michalke Matt & Karen Michaud Justin & Marcie Lynn Mierz Holly Miller

Kim Miller Frank Minetti Alexander Mishkin & Jennifer Newstead Clay & Alisa Mitchell Geoffrey & Kimberly Mize Cathy Mock Cyrus Moghadam Roger Moister Collin & K.C. Moller Chris & Noel Momsen Carolyn Montgomery-Fourant & Lea Forant Kevin & Elizabeth Moran Addie Morgan Rick & Courtney Morris Bill Morrison Mark Morrow & Kathleen Hirsch Peter & Muff Morse Howard & Miriam Mosley Marcus & Fern Moufarrige Tim & Alicia Mullen Cliff & Courtney Muller Grace Muller George & Beth Murnaghan Daniel Stranahan & Nyro Murphy **Elliott Murphy** Emma Murphy Ian & Lindsay Murphy Marshall & Andrea Murphy Robert & Jeannie Musslewhite Vernon & Buffy Naake Faris & Karen Naber Don Suter & Pamela Neal Benjie & Metsie Neilson Gordon & Jane Nelson Kelly Nelson Pete & Debbie Nelson Ludovic Hood & Alisa Newman Hood Mike & Cristina Niccolini **Bob & Mary Nichols** Paul Nichols Cat Niederer Romona & Jeffery Norton Jeff & Karen Oberg Brian & Courtney O'Connor Eleanor O'Donnell Kerry O'Donnell John & Erin O'Hara John & Bonnie Olsen Katherine O'Malley Kevin & Allison O'Malley Dan & Liza Oneglia Dan & Kate Oravez Chris Ord Arthur & Rebecca O'Reilly Mike Orr Peter & Susan Osnos Chris & Stephanie Oster Zander & Alison Packard Dexter & Susan Paine Andrew & Jenny Palmer David Palmer Hilary Palmer Jessica Papazian-Ross

Thomas & Mary Park

Ollie & Barb Parker **Judy Parsons** Cleveland & Ginia Patterson Kevin Pearce & Irene Barnett **Bob & Susie Peixotto** Serge & Stephanie Pepper Reid Perper & Clara Tucci **Lindy Perry** Steve & Andy Perry Chris & Kathryn Peters **Pete Peters** David Pettker & Liz Philipp Pettker Duffey & Colleen Phelps Will Phifer Bruce Phillips & Joan Feeney Charlotte Phillips Tom & Tracy Phillips William & Perry Phinney Gabriela Perez Rocchietti & Carlos Rodriguez-Pastor Charlie & Katherine Pilkington Helen & Robert Pilkington David & Deborah Pinkham Jamie Pinkham Jon & Stephanie Plexico Sarah Poggi David & Elisabeth Ponte Samuel & Jennifer Potter David & Kate Powell Tom & Nan Pozios Noni Pratt Katherine & Derek Prill Christopher & Sally Pritchard Steve & Ashley Prymas Ned & Kathy Putnam Sergio & Mabel De la Vega Amy & Mark Rabe Jamie & Julie Rea Stephen Kremer & Linda Reale Andrew & Kristin Reardon Katie & Aiden Redmond Tenley Reed & David Ross Michael & Mollie Regan Lance & Liz Reifschneider Nate Reilly Paul Reilly Charlie & Hannah Reis **Jack Reis** Tom & Beth Renyi Mark & Ingrid Renzi Yoni & Elena Resnick Bernd & Nannette Reuther Hal & Lisa Reynolds Tom & Emily Reynolds Silenia & John Rhoads Ian Cameron & Susan Rice Charlie & Annie Richardson L.B. Richardson Peter & Wendy Richardson Dave & Gina Riddiford James Riddleberger & Allison Palmer Scott Friend & Leslie Riedel Chip & Amanda Riegel Jamie & Allison Riepe Jim & Gail Riepe Mike & M.L. Riley

Andy & Katherine Rittenberry Lee & Joseph Robbins Sean Cullen & Juliette Robbins **Charles Roberts** Elizabeth Roberts & Michael McKnight Henry & Cathy Roberts Jamie & Jess Roberts Mark & Eleanor Robinson Michael & Virginia Robinson Laura Rockefeller Parker & Jeanette Rockefeller John & Aimee Roderick Chris & Danyel Rodgers Chris & Heather Rogers Grog & Linda Rogers Jon & Des Rogers Paul & Marty Rogers Sean & Tavenner Rogers Rod & Ann Rolett Keith & Margaret Roscoe Charles & Nicki Rose Matt Sutko & Francine Rosenberger Andrew & Myla Ross Bill Rossmassler & Wendy Moore Tom & Sarah Rossmassler Ned & Susie Rowland Steve & Frances Rowland Hardy & Jennifer Royal Jennifer & Walker Royall Charlton & Andrea Rugg Beth & Wesley Rusnell Cliff & Susan Russell John Russell Fran & Whit Ryan Bill Ryckman Alex & Annagret Sacerdote Seth Levine & Greeley Sachs Karita & David Coolidge **Emerson Salovaara** Michael Sampliner & Lisa Albright Noubi Ben Hamida & Laura Sanders Blake & Jennifer Sando Ralph Sando Colin & Katherine Sanford Michael & Kristin Sant Alex & Karen Sapir Harry Saridakis Louis & Mary Sarkes Charlie & Whitney Saunders Rob & Julie Saunders Fred Schafrick & Sharon Halpin Jim & Beth Schechter Alec & Nadya Scheiner Hib Schenck Ben & Hedda Schippers Jon & Allison Schippers Kathryn O'Donnell & Benedict Schlatter Dana Schmaltz & Kate Enroth Paul & Maggie Schmid Pete & Diane Schmidt-Fellner **Dempsey Schott** Jared & Kat Schott Hap & Liz Schroeder Libby Schroeder & Marshall Schoenthal Ty & Jenny Schultz Patrick Hayne & Barrie Schwartz

Jim & Tracy Schwarz Thomas Schweizer Abe Scott David & M.L. Scudder Debbie & Rob Scudiere John & Hadley Scully John & Josie Scully Doug & Maureen Seaman Bruce & Martha Searby Jay & Trina Secor John Seelke Nonna Seline Jeanine & Dave Sensenich Rob & Heather Shanahan Frank Shanbacker Freddie Sico & Michelle Shanley Gregory & Kimberly Shapiro Warren & Jeanne Shay Michael & Jennifer Shea Chris & Eileen Sheldon Mary Sheldon Angela Shen & Roberto Ghedini Tim & Michelle Shenton Nick & Leila Shields Chris & Kris Shorb Sheila & Deacon Shorr **Durbin Sibley** Freddie Sico & Michelle Shanley Andrea Silvestri Anthony Natale & Annie Silvio Mitch & Marisa Simon Stephanie Sirota John & Peyton Sise Andrew & Karen Slimmon **Kurt & Katie Slingsby** Oscar Sloterbeck Liv Small Chip & Hallie Smith Gordon Smith Helen & Silas Smith Josh & Cyndie Smith Leonard & Nancy Smith Mike & Amy Smith Sidney & Mary Smith Stewart & Lauren Smith Kelly Smith DeMarco Jake Sneeden Ralph Sneeden & Gwen Evans-Sneeden Rob & Fiona Soni Denise Soucy & Ned Steinberger Ted & Lori Souder Genna Spears Greg & Laurie Spears Meg Speranza Robert & Emily Spinna John Piasecki & Gretchen Sprafke Dale Stackhouse Michael & Roxanne Stepnowski Scott & Amy Stevens Will Stevens **Bob Stevenson** John & Kate Stimpson

Zoe & Bradford Stoesser Jim & Cathy Stone Frank & Carrie Strasburger Stephane Nicolas & Juliette Streichenberger Harrison & Katherine Stuart **Muffy Stuart** Alison Sullivan Abigail Summerville Kim & Alan Summerville Don Suter & Pamela Neal Matt Sutko & Francine Rosenberger Alexandra Swenson Al & Amy Taylor Iane & David Taylor Pete & Liz Taylor J. Cotter & Gina Taylor Cotter Geoff & Annie Teillon Sara & Jim TenBroek Sally Tether & Steve Sugar Dixon & Gail Thayer Syd & Dana Thayer Jeff & Kate Thibault David Thibodeau Dave & Laurie Thomas **Lowell Thomas** Jim & Andrea Thome Harrison Thompson Page & Heather Thompson Wissie Thompson Mark & Margot Thorsheim Rufus Tieder Carly Tilson Chase Tilson Laura Tobias **Rob & Courtney Toomey** Vinny & Angela Tortorella David & Emily Touchstone Brian & Anne Trinque Scott Tromanhauser & Jennie Shaw Kirstie & Rich Truluck Richard & Nancy Truluck Lenkie & Wally Trumbull Marge Tucker Suzanne Turcotte David & Suzie Turnbull Stephen & Jo-Ann Turner Diana & Edward Turowski Laura Tussing & R. Lee Tussing III Andy & Kendra Uffelman Peter & Jill Unruh Pepe Rubiralta & Foix Valde Todd & Leilani Valdes Kristin & Warren Valdmanis Tiffer Valente Rob & Colby Van Alen Ken Van Durand Tinsley Van Durand Francis & Betty Van Nuys Rebecca & Ernest van Panhuvs Vincent & Monica van Panhuys Geoffrey & Mary Veale Kathleen Ventura & James O'Neill Dave & Kathryn Villano Geoffrey & Noelle Vitt Scott & Christina Vlcek

Patricia Voorhees Craig & Marie Vought Bill & Margot Walker Cullom & Wendy Walker Cullom Walker Will & Syd Walker C.J. Walsh Luke & Caitlin Walsh Richard & Lindsay Walsh Martin Friedman & Suzanne Waltman Iru Wang & Nick Moore Bill & Lee Warden Charles & Betsy Warner Pris & Bill Watson Jack & Julia Weidinger Carter & Jennifer Weil Susie Weld Bree & John Wellons David & Lisa Welsh Julia Welter Sarah & Mike Welty Brent & Em West Mike & Dawn Westcott Kevin & Joan Westley Sandy & Jenny Weymouth Britt & Maria Whelpley Tia & Charlie Whinery Hanna Wiegers Mark & Chay Wike Shaw & Betsy Wilgis Jim Wilkerson & Christina Cinelli Mistye & Heath Wilson Patrick & Nina Wilson Richard Falkenrath & Penny Wilson Ben & Libby Windsor Penny & Eric Winter **Dudley & Jennifer Winthrop** Phoebe Jane Winthrop Eric & Jane Wirch Scott & Linden Wise Matthew & Cathy Witkos Dave & Donna Wolfe Ira & Cecilia Wolfson Brad & Crickett Woloson Daly Wood Fred Wood Henry & Liz Wood James & Tracey Wood Kasey & Trevor Wood John & Lydia Woodard Martin Woodhams & Nikola Sutherland Tony & Cornelia Woods Clinton & Jean Wright Vernon & Lucy Wright Bill Stobart & Sherry Wu Erica & Rupert Wyatt **Boyd Wylie** Niclas & Darcy Ytterdahl Adam & Kirsten Zaki Trey Zenker Paul Zetterberg Bill & Sally Zierden Robert & Molly Zuker

Kevin & Margie Stineman

Walker & Alice Stites

Wendy Stocker

# Wavus Approaches 100th Anniversary

By Kirstie Truluck, Wavus Camp for Girls Director

In 1922 Delbert and Emma Andrews founded The Wavus Camps - Wawanock Camp for Girls and Damariscotta Camp for Boys on Wavus Point along the shores of Damariscotta Lake. The view from the horse barn, our Yellow Barn, stretched out over the young pines and one could see the lake beyond while standing at the head of the road. At Wavus' 50th Anniversary, the community dedicated The Annual to Uncle Zeke Jewell\*, who is the namesake of our beloved Jewell Lodge where today's Wavus campers enjoy yummy breakfasts, watch The Parent Trap on movie night, play board games on a rainy day, and celebrate our final Jewellianos dinner at the session's end.



With so much to commemorate, Wavus is preparing to celebrate the 100th Anniversary of the camp's founding: Celebrating all that we've been, all that we are, and all that we may become.

The Wavus Camp and the wider Kieve Wavus Education community are already making plans to mark our unique history at centennial events. Alumni from The Wavus Foundation as well as campers from 1976 and before will also be joining in the fun. Events hosted around the country – gatherings in major cities in addition to adventures in the great outdoors – will happen between the summers of 2021 and 2022. In August of 2022 the Wavus Camp will host a celebration on the Point.

If you have a great idea for the 100th or want to host an event in your area, please be in touch with Joy Bengtson Giffen in the Wavus Office. We will keep you updated as dates forevents are announced.

While preparing for our 100th Anniversary is exciting, the summer of 2020 is another benchmark year for Wavus. This will be our 15th summer as a member of the Kieve Wavus Education family. These days we are blessed to hire our campers back as counselors, and we welcome just over 500 girls a summer to learn and grow. We live in 20 delightful cabins built since the merger in 2005. Our summer camp program is magical and so are the 19 other non-profit and educational programs that happen here year-round. For more updates on these past amazing 15 years, please check out the article Wayus Celebrates 15 Years in the KWE Family.

We have a few initiatives in mind to help us commemorate our centennial, and one project is to reimagine and rededicate the high ideals, or character values, we know as The Rays of the Totem. Honoring these Totems is one of the traditions that has persisted over this century, and we are making plans to help this tradition endure for the next hundred years. We honor campers and counselors for their High Aspirations, Patience, Loyalty, Truth, Steadfastness and more, and we see these high ideals represented in physical form – the Arrowhead, Heron, Forget-me-not flower, Grail, and the Spider Web – all around camp. All these years later, the Wavus women still hold these values and these symbols close in their hearts.

The 21st century has brought people to a new understanding, and we recognize that the visage of a flat, red-faced "Bravery the Indian" to represent Courage is seen much differently through the lens of a more diverse and inclusive community. Though intending to honor the high ideals they saw represented in Native American culture, the camp leader's adoption of customs and images that were not their own is now recognized

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as cultural appropriation. The Wavus community is inspired to create a fresh representation of the cherished Totems in a way that honors other cultures and our history, and we look forward to engaging campers, counselors and alumni in the conversation about a visual symbol that represents courage for us today. Wavus will work in partnership with a local artist and sculptor, Jacques Vesery, to create a monument in wood, iron and stone that invites all to enjoy the symbols and celebrate the high ideals represented by the Totems.

I like to think the Andrews\*\*, Westermans and Uncle Zeke himself would have appreciated that so many people - far beyond campers and staff - benefit from the beauty of this place and the compassion of our people. I imagine they would appreciate our efforts to align our values of Kindness & Respect with this current decade's understanding of cultural appreciation while still holding in our hearts the high ideals of the old Wawanock Camp for Girls. I know these great families, along with hundreds more, would be so pleased that Wavus Point is still a place where young people - and so many more - can strive to live by the values, as illustrated by the Totems, they held dear nearly 100 years ago.

\*You can read more about Zeke Jewell when you visit the Kieve Wavus Education digital archives at our website. Click on About and then History to see issues of Wavus Annuals, Kieve Annuals, Pine Whispers, Drumlin, Embers and more dating back to the early '20s.

\*\* According to the 1928 issue of Pine Whispers, Delbert Andrews was an educator at Moses Brown during his non-summer camp months.

# **WAVUS WISDOM**

#### BY KAYLA FRIEDMAN

We walked in a straight line. Katharine, the head counselor, was directly in front of me. She had a red Deuter backpack on with a camo bandana and her unadorned red Crocs attached to her pack. Her food bowl had been clipped to the far right of her sack, and with every step she took it made a clunking sound against her blue carabiners. Little things, like that clunking, aggravated me on the trail; little things that wouldn't have annoyed me if it wasn't for the fact that nothing else made a sound. We were out in the woods. It was serene and beautiful. We were in the wild. Claire, who had been struggling, was directly behind me. She carried a blue pack that we named Megamind, for it covered half of her body from her hips all the way over her head. You didn't want to walk behind her, or else you would feel a little bit too lonely - like a person wasn't in front of you, more of an animated, slogging, moving four-foot backpack. Walking in a line, though, made me feel secure.

I had one best friend in front and one behind. In my mind, it felt comforting that if a black bear was to emerge from the trees, I would feel safe because I had seven other fearless, courageous best friends to help me scare the bear away. We were a pack. Individually, we worked hard to put one foot in front of the other, but it was the bond and love that we had for each other that got us to the top. We were a team.

As my Salomon boots strode forward on the rocky path, I could hear the river to the left of me with its roaring waters gushing downstream. As much as the sound soothed me, it scared me. The river was strong and powerful. If one was to fall in, she would suck the air out of your lungs, and you wouldn't come out alive. She was frightening. But on the trail, it was different. It had become my home, and I felt safe. As much pain as it had caused me from my back spasms to bleeding and blistering feet, I had come to embrace it all and

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had loved it for what it was.

The ascent was strikingly gorgeous. All around me stood luscious red spruce and balsam fir trees. There was green everywhere I looked. We were high enough so that the sun could slip in through the trees, which made the hike much more pleasant. The trail was of rough terrain. Rocks ranged from pebbles to boulders, some of which required us to hoist our whole body to climb over. It was tough. Very tough. At the moment, I thanked the energy chews for the day. For some reason, I wasn't huffing and puffing and complaining like some of my friends. I wasn't stopping every second. Or yelling at the leader to slow down. Or begging for yet another water break to catch my breath. I look back now and realize it was my mental toughness that got me through that day. The positive thoughts that I kept reiterating to myself each and every second. "Kayla, you got this," "Kayla, you are strong"

or "Kayla, the top is near." I forced myself to block all negative emotions and thoughts from my brain, and that was what got me through this. Not the CLIF energy chews. Or Caroline entertaining us with the plot of "Good Will Hunting." But my mental strength.

I can try and explain how I felt when I leapt onto the rocks that made up Barren Ledges and knew I had finally made it to the top. I can try and explain what it was like to sit with my seven friends on the ledge overlooking the most beautiful view that I have ever seen while eating pitas with sun butter and jelly. I can try and explain how the pain suddenly disappeared when we were taken back by the serenity of the mountains and blue skies above us. Or I can try and explain how it felt to be able to turn right and see my best friends in this whole world have the biggest smiles on their faces because we knew that we had just overcome something that we thought

was impossible. Something that not many girls we knew back home could even contemplate, much less do. Even when we stood with mouths wide open, we couldn't say the right words. We screamed and yelled like we had never done before; the excitement and feeling of accomplishment was exhilarating. We loved it...

...The trail is long gone from me now, but the Trail lives on with me. It guides me through life, allowing me to face new challenges every single day. It stays with me mentally and physically. My seven friends and I carry yellow paracord bracelets on our left wrists. We never take it off. It's there to remind me of everything I have gone through on the Trail, and it brings me home to where I felt safe and secure. I can go back on the Trail whenever I want. I can go from Georgia all the way to Maine, hiking 2,190 miles, but I don't need to. The Trail is already with me, as it always will be.



# The Great Mother and New Father Conference

### A Conference on the Mythopoetic Imagination

#### By Jane Woodhouse

By the lake in Maine we gather each year to continue the work of nourishing the soul and lifting the spirit through story, poetry, art, music, movement, and reflection. Annually approximately 150 attendees, teachers and staff make their way to Camp Kieve in Nobleboro, Maine. The conference rotated between several sites in various regions of the country. But since 2006 Kieve has been our permanent home.



The Great Mother and New Father Conference started in 1975 by the poet Robert Bly. At the time one of its major themes was the goddess or "Great Mother" as she has been known throughout human history. Since that time, the Conference has expanded to consider a wide variety of poetic, mythological, and fairy tale traditions. In the '80s and '90s there was much discussion among the conference community about the changes contemporary men were (and are) going through. "The New Father" was then added to the Conference title, in recognition of this movement and in order to keep the Conference as inclusive as possible.

For over forty years the Great Mother and New Father Conference has seen some of the most agile minds of poetry, mythology, and the wider arts pass through its doors, creating a robust container for a thriving community. Through its rich history, the Conference has been honored to welcome such teachers as Joseph Campbell, Marion Woodman, William Stafford, Cornelius Eady, Jane Hirshfield, Galway Kinnell, Naomi Shihab Nye, Ed Hirsch, Li Young Lee, James Hillman, Coleman Barks, Terrance Hayes and many others.

This year's theme, THE WOMAN WHO MARRIED A MOUNTAIN: THE MYTHIC FEMININE AND A TROUBLED EARTH, focuses on one of the original premises of the gathering: exploring the mythic feminine through the lens of story, music, art and poetry.

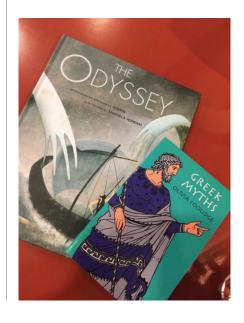


Indigenous cultures say we should turn to the old stories. From the Sumerian myth of Inanna to many of the fairytales explored in the first five years of the conference, we will hear from a treasury of stories filled with insight about our relationship with a wider earth, and often led by a journey of the feminine. These are not stories invested in appealing to any particular polemic, they are utterly their untamed self. Man or woman, we may balk at what they disclose. But what do they need to teach us at such a moment?



Coming to the conference will be teachers, artists, dancers, singers, musicians, who will have something to add to the conversation. It is a chance to address a conference created in honor of a Great Mother. We've sent some words in her direction over the forty plus years of the gathering, what may she want to say back? This is a place for praise and deep thought, not unnecessary conflict.

The annual journey to Damariscotta Lake has been postponed amid the COVID-19 pandemic. Participants look forward to returning to our beloved conference home at Camo Kieve in May 2021. For more information, visit greatmotherconference.org



# **KIEVE AND WAVUS EXPAND ON NEW TRIP IN PARTNERSHIP**

WITH PENOBSCOT NATION 🍩



By Reid Anderson, KWE Tripping Director

The 2019 Wavus Abenaki cabin was the first to experience a new trip and a new partnership for KWE. Partnering with the Penobscot Nation, an indigenous tribe with their main settlement on the Penobscot Indian Island Reservation in the Penobscot River near Old Town, ME, the Sugar Island trip is a two-night, 19 mile paddling trip with native guides on the Penobscot River from Passadumkeag to Indian Island. The Penobscot Nation lands include Indian Island and all the islands in the main stem of the Penobscot River approximately 60 miles north to Medway.

The trip started in Passadumkeag where the girls met Chris Sockalexis, their Penobscot Nation Guide, and continued downstream to the southern end of Indian Island, spending the first night at Sugar Island and the second night on the northern tip of Indian Island. On Sugar Island, the

Penobscot Nation maintains a cultural site where the girls camped for the night among wigwams and other traditional Penobscot features. While camped at Sugar Island, the girls met with additional Penobscot Guides who shared more of the history and culture of the Penobscot tribe and region. On the second day of the trip, the girls did a service-learning project at Eber's Point. They helped place a new picnic table and did some weeding and brush clearing at a campsite established by the Penobscot River Paddling Trail, a group building campsites every 10 miles from Medway, Maine to Bangor. As the site was not yet ready for group camping, the girls continued downstream to Indian Island where they camped for the second and final night of their trip. On Indian Island, they were able to meet with members of the Penobscot community, learn about life on the reservation and native

traditions, and listen to traditional songs and drumming. On their final day, they paddled to the southern end of Indian Island where they were able to tour the Penobscot Nation Museum, learning more about the Penobscot Nation's history, traditional garments, ceremonial wear, tools, and crafts like basket weaving.

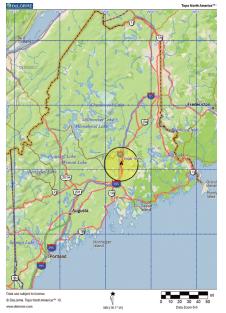
The girls thoroughly enjoyed their trip and their time with the Penobscot Nation guides from whom they learned about land issues, fishing rights, and Penobscot Nation culture. Chris Sockalexis' distant cousin Louis Sockalexis was the first Native American Indian to play in Major League Baseball for the then named Cleveland Spiders who were renamed to the Indians in 1915. They also particularly enjoyed learning about the Penobscot's historical connection to the Moosehead Lake region where

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Wavus Abenaki campers on Sugar Island in 2019

the girls would be traveling for their big trip in just a few short days!



The trip and the partnership with the Penobscot Nation was so successful that KWE is doubling down in 2020. Both Wavus's Abenaki and Kieve's South Harris cabins will experience the new Sugar Island primer trip from now on. That's four cabins of KWE campers who can look forward to exploring this unique and historic part of Maine with Penobscot Nation Guides!

# **KIEVE WAVUS EDUCATION STORYTELLERS**

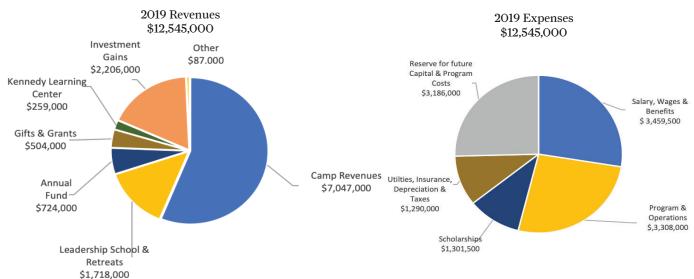


The new Kieve Wavus Education Storytellers (KWEST) podcast features conversations with Henry Kennedy, Kirstie Truluck and the many Kieve and Wavus alumni who have shaped this organization over the years. Episodes are now available on Spotify, Apple Podcasts or wherever you listen. Tune in to hear stories from the likes of Joe "Spook" Laliberte

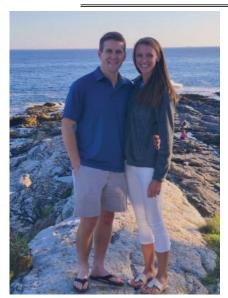
and Nancy "LaaLaa" Kennedy, two of the amazing storytellers on the pod. Other episodes include tales from Ned Almy, Daniel and Christine Dorman, Tom Dorman, Anne Chisholm, and Alex Buck. New interviews are posted monthly. Find KWEST wherever you listen to podcasts or visit our website's media page at kwe.org/about/media/

## **KIEVE WAVUS EDUCATION BUSINESS UPDATE**

### **REVENUE & EXPENSE ACTUALS FROM 2019**



# **Updates From Around KWE**



Sam and Kate Kaplan

Sam and Kate Kaplan are following their ample hearts to come work full time at Kieve Wavus Education. Sam and Kate met at KWE, ascended to summer camp assistant director positions here, and were married at Kieve in 2018. They're now expecting their first child in June! Both of their bios are on our website.

Bringing these two amazing people onto our team solidifies the leadership transition that has been carefully choreographed over the last few years. After finishing this school year as the Upper School Dean of Students and a member of the history department at the St. Paul's School in Baltimore, Sam will become the Associate Director of Education and Operations while continuing to direct Kieve's Junior Kieve summer program. Kate will finish this school year as 7th grade social studies teacher and 7th grade faculty team leader at the McDonogh School before continuing as Wavus's Assistant Director in the summer and the Associate TLS & Retreats Director and Assistant Communications Director at KWE.Sam and Kate will live at Wavus and in the Portland area. KWE's future is indeed a bright one!! By Henry Kennedy, Executive Director



Community Climb Nights continue to be popular with local families! Once a month when camp is not in session we invite the community to join us in the Buck Building at Kieve for an evening of climbing on the indoor wall. Participants of all ages join us, and our staff belay and offer guidance and support.



The Colby Women's Hockey team joined us at Kieve for a day of team building and ropes course adventures this fall! They finished the regular season 15-5-5 and beat Bowdoin in the playoffs to reach the NESCAC semifinals.

# **LOYALTY FUND**

The Loyalty Fund was started by three Kieve counselors to help provide financial aid to boys and girls who would not otherwise be able to attend Kieve and Wavus summer camps. Today, the Loyalty Fund is more active than ever! This year, donors who contribute more than \$100 receive a mug with our new Loyalty Fund logo. You may contribute to the Loyalty Fund by visiting kwe.org/give and make sure to mention Loyalty Fund in the comments. Thank you for your support.



Calvin Masys, Sarah Masys, Vicki Graffum, 70e Pitella

Joe Pitella and Vicki Graffum taught at Penn Brooke School in Georgetown, Massachusetts for many years before Vicki retired. The two were the original faculty members who brought their 6th graders for a week at the Leadership School over 15 years ago. This past fall Vicki came back to Kieve in a different role as grandmother to Calvin.

#### Climbing Wall Facelift



By Cam Miller, KWE Challenge Course Manager This winter, KWE resurfaced the climbing wall in the Buck building. The wall has been seen over one million climbs and was in need of a facelift. A team from Rockwerx in Massachusetts visited Kieve for over a week to carefully remove each hold, from the tippy top to the very bottom of the wall. As they repainted the wall and reinstalled each hold, Cam Miller and his team were struck with all sorts of ideas for new routes, new challenges and new adventures for all who will visit this exciting feature.

# **ALUMNI UPDATES**



**Sam Kennedy** and **Oliver Mize** (Kieve 2017-20) found some Oh Henry Bahhhs in Charlotte this fall!



Sam Kennedy met up with Campbell Walker (Kieve 1987-90, Kieve Staff 1995-98), his old HBC from more than 20 years ago!



Luca Perper (Kieve 2011-15, Kieve Staff 2018-19), Pietro Barbieri (Kieve 2009, Kieve Staff 2011-16), and Matteo Perper (Kieve 2011-16, Kieve Staff 2019-20) meet up in the Dolomites over New Years.



Blair (Kennedy) (Girls Science 1997-2000, KW West 2005-06, Kieve Staff 2007-10, Wavus Staff 2009) married Cody Smith at Kieve in August. Blair had a host of Ritz girls and Kieve boys in her wedding party, and the Smiths see camp buddies often in Denver.



Cullom Walker IV (Kieve camper 2000-2007, counselor 2008-09 & 2011) married Kinnon Chapman on April 4th in Texas. The happy couple hopes to visit Kieve this summer to celebrate with family!



Max (Kieve Staff 1997-2003, 2006) and Becca Dinning welcomed Magnus and Charis into the world!



Estelle "Stella" Jewel Kennedy was born on January 10th. Sarah and Sam can't wait for her first summer at Kieve! And she's already signed up for Wavus 2028!



While schools are working remotely during the COVID-19 pandemic, former Kieve camper and current counselor Matthew Kellett had an impromptu at-home Kieve reunion with camper Thomas Ashton via Zoom! Matthew's dad is Thomas's 4th grade teacher. He kept Thomas after their Zoom class so he could connect with Matthew. Both boys are looking forward to getting out of the house and back to Kieve soon!



Katie Moulton co-founded Kieve Wavus West in (2002) and was the Wavus founding co-director in 2006.



We can't wait to welcome her oldest daughter, **Harper Straziuso**, to Junior Wavus this summer!



Nick Speranza (Kieve 2009-14, 2016, Kieve Staff 2017-19) and Keelan Woodard (Kieve 2012-15, Kieve Staff 2017-20) socially distancing on Chief Mountain in Evergreen, CO this spring.



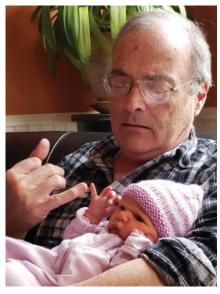
Henry Kennedy and Sam Kennedy with Kieve and Wavus dad Claude Rwaganje in Portland, Maine. Claude has become a tremendous ambassador for KWE in Maine's immigrant community.



Ellis Dougherty (2012-2018) and Director Kirstie Truluck were students in Sarah Adleberg's (Wavus infirmary) class this spring.



**Peter Schmidt** (Kieve 2005-13) social distancing in his Kieve gear!



**Alan Baldwin** (Kieve Staff 1966-72, KWE Volunteer 1972-Present) welcomed granddaughter **Eloise** in March!

Emma Mazzuchi (Wavus 2008-12) spent the summer working on maintaining the Appalachian Trail outside Hanover, NH after graduating from Dartmouth, and is currently teaching English in France.



Brendan Kelley (Kieve 1989-93, Kieve Staff 2000, 2002) is working as an Army anesthesiologist in Iraq. He says Kieve played a crucial role during his formative years, and he keeps coming back to its tenets: Courage, Perseverance, Loyalty.

CONTINUED NEXT PAGE

# MORE ALUMNI UPDATES



Long-timefriends **Lily Tromanhauer** (Wavus 2007-15; Wavus Council 2017-19) and **Charlotte DelCol** (Wavus 2010-15; Wavus Council 2017-19) hit the slopes on their most recent winter break.



Wavus meetup at Gettysburg! Left to right: **Sophia Cronin**, **Kate Kaplan**, **Haleigh McCarthy**, **Bailey Ytterdahl** and **Ellie Sandt**.



**Gigi Imperatore** (Wavus 2010-17; Wavus Council 2019) and **Grace Begin** (Wavus 2014-17; Wavus Council 2019) visited Wavus this past winter.



**KWE staff** past and present shared in the learning at Northeast Regional AEE Conference:)



Lindy Perry (Wavus 2006-11; KW West 2012; Wavus Council 2013-17; Jr. Wavus AD 2018-19) visits Bowdoin College's Kate McKee (Wavus Council 2018), Anne McKee (Wavus Council2018), and Julia Lyne (Wavus 2010-17; Wavus Council 2019.)



**Kirstie Truluck** and **Lindy Perry** visit Wavus friends at Dartmouth.



Boston alumni event hosted by Julia Welter. Back row: Jordana Roet, Tookie Wilson, Molly Wood, Frances Robinson, Kirstie Truluck. Front row: Sarah Fransisco, Cat Wood, Courts Bliss, Sarah Wilson, Dempsey Schott, Julia Welter, Sonnae Peterson.



Wavus gear is great for winter glamping too! **Kirstie** and **Logan Truluck** staying warm in theirs.



Wavus EIRs having a Wavus Wednesday with **Kirstie Joy** and **Marge.** 

# FINDING COLOR IN THE DARKNESS

John Fish was a Kieve camper 2002-2005. According to his mom, Margie Thompson, these Kieve times were some of the happiest of his life. John suffered from bipolar disorder and tragically took his own life at 24 years old. Margie has written a book called "Finding Color in the Darkness," in part so that others may better understand mental illness. She and her family gifted the John Fish Memorial Scholarship to make it possible for two young people to attend our summer camps on full scholarship in perpetuity.



BIPOLAR DISORDER is a deadly adversary. Often misunderstood and misdiagnosed, it drives its victims to the brink with rage and sorrow, a darkness punctuated by ever-dimming flashes of light and color.

Some survive. Some even thrive. Many others fall, caught in a vicious cycle of medication and relapse, to never rise again. That loss echoes and echoes throughout families and communities everywhere.

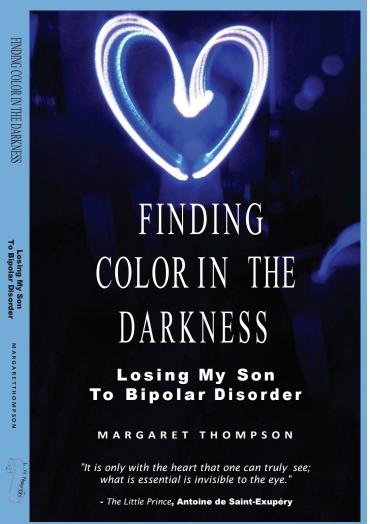
Margaret Thompson's *Finding Color in the Darkness* is a report from the front line of the battle, a mother at a loss to understand a son's ever-escalating free fall into depression and despair.

In a page-turning, raw account of her struggle to save her son, Thompson moves forward and backward in time, merging action and memory to create a picture of a killer at work, snaking its way through the bodies and souls of all it touches. Withdrawing into silence, her beautiful son takes his life at 24, and Thompson is left in an empty house grappling with devastating loss and fragile hopes for the future. She ultimately realizes that there is no one and nothing to blame; there is only a deep love that grows stronger as timeheals.





Margaret Thompson was born and raised in Massachusetts. She met her husband while working for MTV in New York City and the marriage produced two sons, Tim and John. She left MTV and found her true calling, teaching. Since the loss of her son, John, to suicide, she has dedicated herself to educating others about the importance of focusing on mental health as a medical, and potentially fatal, condition.





Suzanne Fox, Executive Director, The Yellow Tulip Project

The Yellow Tulip Project is a youth-led organization that is on the frontlines in the movement to smash the stigma surrounding mental illness. We're working to build communities of people who realize that hope happens when youth and community leaders engage and work together. It is critical that we find new and creative ways to talk about the elephant in the room that has simply become too big to ignore. There are far too many people, and far too many kids and teens who are struggling with depression, anxiety, suicidal thoughts and other forms of mental illness. And dangerously, far too many suffer in silence.

The Yellow Tulip Project was established in 2016 after founder Julia Hansen's two closest friends died by suicide during her sophomore year of high school. Feeling alone and frustrated by the deafening silence surrounding mental illness Julia was the voice that started this youth momentum that has since spread to more than 30 states and has a touched thousands of students and community members. We are trying to create a dynamic space for determined youth to eradicate this stigma, to build communities that actively promote hope, and to inspire productive conversations about how to combat the rising rates of suicide. The Yellow Tulip Project was born from this vision.

Every day we are inspired by the young people and community leaders who resonate with our message and who are ready to move mountains to bring change to their schools and communities. We know that they cannot do this alone and that it will take a global village of supporters. Our simple message of hope, community and action is resonating with more and more people across the country.

You can learn more at www. theyellowtulipproject.org

#### Package Policy

By Kirstie Truluck, Director, Wavus Camp for Girls

Our first summer of a new package policy that was more restrictive than in the past ended up being a huge success in large part because parents embraced the change. We wanted to take a moment to reflect on the change and let new campers and parents know what they can expect from our Package Policy.

We sent an email with our new policy in the spring of 2019 and received a strong response affirming our decision to make the change:

- Brilliant! And what a relief. Thank you for this. Smart policy.
- Thank Goodness!
- THANK YOU! This is the best thing I have heard yet! As a camper and counselor at another camp when I was young the receiving of care packages was ALWAYS a problem. I cannot believe it has taken so long to do this! Please pass on to all involved in this decision that this is fantastic!
- I cannot tell you how relieved I am by this new policy! Yay!
- The care package news was a welcome update. Though I did have fun creating the care package last summer I'd be lying if I didn't admit that it also included a dose of unneeded stress.
- 1000% agree and THANK YOU! Camp is the gift!
- We received a few messages from disappointed parents and campers, but the response was overwhelmingly positive, and the summer felt much lighter without all the boxes and bags.

Our office staff worked hard to honor the spirit and letter of the law of our new policy last summer. We had some extra hands tracking incoming necessary items as well as returning a few packages from family or friends who missed the memo. We want to say Thank You for your efforts to help us help the campers have the best experience possible without the trappings and extra 'stuff' to distract campers from the GIFT that camp is. In case you missed our Package Policy:

Campers will receive letters, cards, and emails during daily mail call. Care packages are not accepted at camp and will not be delivered to campers.

Camp IS the gift and letters are love! Standard letter envelopes, traditional cards and email letters will continue to be accepted and celebrated at camp. We encourage silly cards, fun postcards and 'boring' newsy letters from home reminding kids that camp is THE place to be. We are excited to keep our focus on the daily Gift of Camp and to reduce anxiety at mail

If a package - box or bag - arrives at camp for a child that was not anticipated by the director and the office, then we will return to sender upon arrival. Please share this package policy with extended family to help avoid frustration.

A Few Exceptions:

Forgotten or needed Items: Contact us about shipping an item to the office.

Resupply: We will share a list of suggested items for Allagash, Long Voyage and Maine Trails.

Birthdays: Parent can leave / send a small box with party hats or fun bunk decorations with / to the camp office to be delivered on the special day. Our kitchen will make a cabin sized treat for every child with a birthday.

Shipping of luggage is anticipated and will be accepted.

# Making a Contribution through a Will or Trust

There are many easy ways to make a long-term "investment" in KieveWavus. One option is to designate a portion of your assets in your will or trust to benefit KieveWavus Education, Inc. Bequests made through wills or trusts are an important part of Kieve Wavus' future because they enable individuals to make gifts that they may not have been able to make during life.

#### What you need to do

Your estate planner is your expert, but here is a sample codicil\* paragraph that can be included in a will or trust document to make a bequest to

#### KieveWavus:

"I give to KieveWavus Education, Inc., a Maine non-profit organization, located in Nobleboro, Maine, (insert here the sum, description of property, percentage of residual estate, etc.). This gift is to be placed in the Endowment Fund of said Kieve Wavus Education, Inc. from which a spending portion will be used to support KieveWavus' activities and programs."

When KieveWavus receives your bequest,

unless further directed by you, the spending portion will be used to support programs as determined by the Trustees. If it is your intention that a portion of the spending be directed into a specific program, please indicate by adding such language. Simple ways to support KieveWavus programs and scholarships through your will or trust:

- Outright gifts of cash
- Appreciated securities
- Beneficiary for part or all of an

#### IRA

• Beneficiary on life insurance policy

Speak with your estate or financial advisor for more information. Please let us know once you have added Kieve Wavus to your will or trust and we'll include you in The Paddle & Thistle Society.

\* Codicil = a supplement or an appendix to a will

# **Paddle and Thistle Society**

THE FRIENDS LISTED HERE HAVE ALL MADE ARRANGEMENTS TO leave a lasting gift to Kieve Wavus Education. Deferred gifts, whether simple bequests, paid-up insurance policies, IRAs, or trusts ensure that Kieve Wavus's

Education's missionwill continue to be fulfilled beyond our lifetimes. (The Kieve and Wayus seals denote deceased.)

Dave & Louise Abbot Franny & Franny Abbott

Anonymous (3)

**Evan Atherton** 

Tom & Ella Auchincloss

Marjorie Berry

Bob & Sally Bishop

Steve & Kathryn Brackett

William & Charlly Brown

Sandy & Sissy Buck

Whip & & Sally Buck

Bob & Suzanne Burrows

Frank Carey

Clayton Chambliss ®

Noland Chambliss

Morgan & Sonia Churchman

Duncan & Christina Cocroft

Jay & Misty Cooper

Charlie & Posy Dana

Jon & Mary Davis

Woody & Robin Davis

Max & Becca Dinning

Chris & Kolleen Dougherty

Candace Dyal

**Denny Emory** 

Candice Falloon

Hill & Susan Ferguson

David & Carol Ann Fulmer

Larry Gardner

John Gassett & Jackie Jones

Matt Gault 👺

Joan Gedney

Roger & Betsy Hall

Adam & Erin Haselkorn

Morrie & Fenella Heckscher

Daren & Justyna Hudson

Al & Jan Ireton

Eric & Pam Jensen

Bill & Pat Jessup

Laura & Joel Kaplan

Ruth Keans

B.J. Kennedy

Dick Kennedy

Henry Kennedy Nancy Kennedy

Jeremy & Diana LaCasse

Mary Lansing

Bain Lee

Ernie Marriner 👺

Doug & Hanne Maxwell

Matt McKenna

Carl & Gail Meier

Collie Moller

Walter & Kate Morris

Gardner & Diana Mundy

Caroline Newcomb

Lisa Parker

Ollie & Barb Parker

John & Meg Peacock

Dev & Debbie Phelps

Bo & Lynne Preston

**Ency Richardson** 

Charlie & Annie Richardson

Hugh Riddleberger & Louise

McIlhenny

Mark & Eleanor Robinson

Cliff & Susan Russell

Frank Saunders

Sheila & Deacon Shorr

Carol Stout

Muffy Stuart

Doug & Linda Tawse

Rob & Anju Tawse

Dixon & Gail Thayer

Steve Thomas & Evy Blum

Charlie & & Daphne Townsend

Tom Townsend

Rob Trippe

Ken Van Durand

Dave & Kathryn Villano

Bill & Margot Walker

Charlie & TiaWhinery

Betty Willey

Russ & Diana Williams

Fred Wood

Robert & Liz Wood

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# Visit the new kwe.org for more information about Kieve Wavus Education!

